

Hello!

If you need help...



Ballydown Presbyterian

My name

Phone

If you are self-isolating due to Covid-19 I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent supplies

If you are in need during this present crisis we can help!

We would like to help support people in the community who may be struggling with self-isolation, who may need someone to talk to, pray with, or receive practical help.

If you are not able to contact me, our church phone number is
028 40623873

Matt. 11:28-29 "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls."

**Ballydown Presbyterian Church:
Registered Charity in Northern Ireland (NIC105146)**

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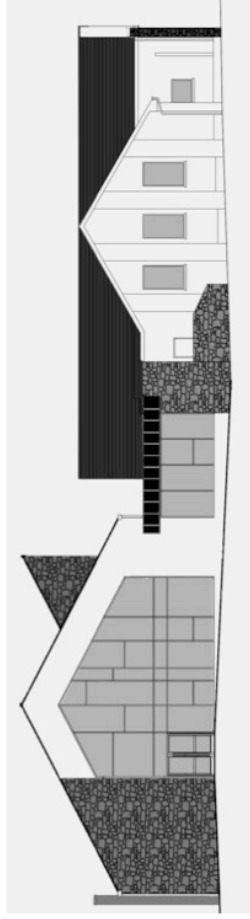
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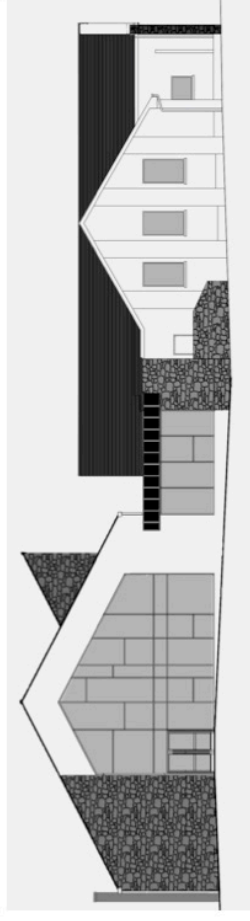
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